



Fall Vaccine Information

Dear patients of Central KW Family Health:

Please see our website <https://www.centralkwfamilyhealth.ca> and clinic waiting room for details on vaccine information for COVID-19 and influenza this year.

In brief, we strongly encourage those of you who are eligible to get a covid booster this fall and the flu shot. Last fall we saw tremendous suffering from these respiratory illnesses and you may recall our province ran out of pediatric beds for children with these viral infections. No one knows what this fall will look like, but we are assuming it will look similar. We have already started to notice an increase in the number of COVID cases among our own patients. These infections are best prevented! Please vaccinate yourselves and your families, we are doing the same.

RSV is another respiratory virus that was more predominant last year and is expected to be again this year. The elderly and young infants are especially susceptible and can become hospitalized if infected. There may be a vaccine coming out this fall for RSV for people over 60 and people who can get pregnant. We will keep you updated.

Beyond vaccines, other means to protect yourself and your loved ones include good hand hygiene, wearing a mask and isolating when you are sick. We kindly ask if you do have any infectious symptoms to wear a mask into the clinic to reduce transmission. Further information regarding Cold and Flu season tips and fever management are available on our websites as well.

Thank you for doing your part to lower the morbidity and mortality that can come with these illnesses.

A message on behalf of Central KW Family Health as we remain,
a central part of your health.